



Pensacola

National Alliance on Mental Ill-

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May 2016 Newsletter

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The NAMI Pensacola Walk May 21st at Blue Wahoos Stadium

The NAMI Pensacola Walk to “End the Silence” has gained community-wide support, from organizations as diverse as Carpenter’s Campers to the Pensacola Lighthouse & Museum. Numerous teams of walkers have registered, ranging from Lakeview Center, The Pavilion at West Florida Hospital, and Santa Rosa Counseling Center, to Emerald Coast Roller Derby, and Girl Scout Troop #608. Up to 300 walkers are expected to participate. It promises to be a festive day!

The Walk will be held Saturday, May 21, 2016 8am-noon at Blue Wahoos Stadium at Community Maritime Park, 301 W Main Street in Downtown Pensacola. Walk registration is just \$15 and includes a NAMI Walk tee-shirt. Registration starts at 7am, and preregistration is via our website, namipensacola.com. The “Ending the Silence” program begins at the conclusion of the walk, with the support of Cat Country, Buffalo Rock Pepsi and Chick-Fil-A 9 Mile Road.

All of this is in support of NAMI Pensacola’s goal to “End the Silence” about mental illness, giving a voice to those who seek a path to enhanced services and true advocacy for those in our community who are suffering. Currently one in four Americans is impacted by mental illness, and one in five by severe mental illness. Many do not seek treatment because of the stigma attached to this devastating disease and many do not know where to turn, a need reaching all socioeconomic levels in our society.

NAMI Pensacola is a grass-roots organization staffed entirely by volunteers. All of our programs are free to the public. The 12-week Family-to-Family course is targeted to instruct 12 individuals, yet 26 applied for the last course: we need to offer this course at least four times per year. We have major goals which cannot be realized without the support of the community: among them, offering the Peer-to-Peer course and providing medication assistance and transportation to medical appointments for those who cannot afford it.

We ask all of our members and supporters to attend this event, and add their voices to those calling for change. For more information, call 208-1609, email namipensacola@gmail.com or visit our website: namipensacola.com or our Facebook page: NAMIPensacola.



Meetings This Month: The Second Tuesday Support Meeting will be held Thursday, May 11, 7-8:30pm at Lakeview Center, Building I, 1995 North Hernandez Street, Pensacola, FL 32502. There will be no Fourth Thursday Educational Meeting. Don’t miss the program at The NAMI Pensacola



Cecil & Suzanne Carlton

Alpha Kappa Alpha



Emerald Coast Roller Derby