



**nami**

**Pensacola**

**National Alliance on Mental Illness**

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## ***The 2017 NAMI Walk is Scheduled for May 20!***

If it's Spring, it must be time for the NAMI Walk! We are in the process of organizing the third annual NAMI Walk to raise awareness and End the Silence associated with mental illness. We look forward to strong support on Saturday, May 20th and want to invite you to be a part of this event. Once again, the NAMI Walk will be held at the Blue Wahoos Stadium and this year will extend to the Vince Whibbs Sr. Community Maritime Park.

Organizations are now in the process of forming walk teams and everyone can register at [www.namipensacola.com](http://www.namipensacola.com). We also welcome individuals to join us by registering on the website. We also have three sponsorship levels available, and hope you will pass this information on to your employer.



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**Ending the Silence**



Florida has dropped to 50<sup>th</sup> in the nation in per capita dollars spent on Mental Health Care, so there is no place to go but up. The only way funding for mental health care will increase is through "End the Silence" campaigns such as our Walk and contact with our elected officials. Together we can realize increased funding and improved care for our loved ones suffering from mental illness in Florida and across the nation.

### **Monthly Meetings for April for Family & Friends:**

Second Thursday **Family Support Meeting**, Thursday, April 13, 6 to 7:30pm, at Lakeview Center, Building I, 1995 N H Street (between Hernandez & Lakeview). At the family support meeting, you can talk informally with NAMI members and bring your concerns to a health professional as well.

Fourth Thursday **Educational Meeting**, Thursday, April 27, 6 to 7:30 pm, at The Pavilion at West Florida Hospital, 2191 E Johnson Avenue (corner of Johnson & N Davis Hwy). The Educational Meeting is led by an expert, and covers a different subject each month.

### **Monthly Meetings of the Connection Recovery Support Group:**

First and third Tuesdays of each month, 6-7:30 pm, at Lakeview Center, Building I, 1995 N H Street (between Hernandez & Lakeview). This peer-led support group is for all adults who are concerned about their mental health. Meetings will be April 4 and April 18.